

# SPRING NEWSLETTER



## Save the Date! Upcoming Events

**March 11th:** RDN Day Happy Hour 5-8pm River Grille, Wilkes-Barre

**March 19th:** NEPAND Board Meeting Marywood University 6pm in O'Neil Center for Healthy Families Conference Room

**March 27th-28th:** AME 2020 King of Prussia, PA

**April 3rd:** Legislative Mixer 5-7 pm Benny Brewing Company in Hanover

**April 23rd:** Spring Seminar Afternoon at Maiolatesi Wine Cellar

**April 24th:** Legislative Mixer 5-7pm, Location TBD

**May 28th:** NEPAND Board of Directors Turnover Dinner 6pm Location TBD

Questions? Contact us!

## WHAT'S HAPPENING?

### Northeast Pennsylvania Academy

- Fundraisers
- Social Events and Legislator Mixers
- Spring Seminar

### Pennsylvania Academy

- AME 2019 in King of Prussia March 27th 2020
- Legislation for LDN and Updates on House Bill 1802
- PAND PAC is still seeking donations at AME and will be completing a Local Beer and Wine Pull as well as a Drawing for District Membership! Keep an eye out for PAC at AME!

### Academy

- Legislation & Public Policy updates
- FNCE & Public Policy Workshop
- Calling for Abstracts for FNCE 2020 in Indianapolis October 17-20th

## 2020 Spring Seminar and Legislative

We have decided to mix things up and have a half day Spring Seminar in the afternoon at Maiolatesi Wine Cellar. Light fare and hot & cold beverages will be provided. There will be a cash bar as well! Free for members and students!

Keep an eye out for our flyer. The seminar will be worth 2.5 CEUS.

In order to continue to include our legislators, we decided to have happy hour mixers with the legislators and are encouraging all members to

attend from their district. This is a great way to be in a group setting to talk with your legislator! The first one will be for Luzern County on Friday, April 3rd from 5 to 7 pm at Benny Brewing Company. On Friday, April 24th Lackawanna County will host one from 5-7pm, location to be determined. This will allow us to have more contact with legislators on a more personal, fun, yet casual atmosphere. We received many requests to change up or Legislative events and this might be a great way to start!

## Call for AME 2021 Planning Committee

AME 2021 is seeking planning committee members from NEPAND!

### List of committee positions:

- Awards and Scholarship Chair
- Exhibits & Sponsorship Co-Chairs
- Fundraising Chair
- Hospitality/Publications/Registration Chair
- Program Co-Chairs
- Publicity and Social Media Chair
- Poster Session Chair
- Secretary
- Volunteer Chair

If you would like information or are interested in being involved, contact AME 2021 Co-Chair Maria Wolfel, [mwolfel@maryu.marywood.edu](mailto:mwolfel@maryu.marywood.edu). Any Academy member is welcome to be on the planning committee.

### **Fundraiser Update!**

**We are currently selling National Nutrition Month “swag” items that include tote bags, coasters, and mousepads! Bundle them all for \$20!**

**If interested in ordering, contact Jess at [jmartin52695@gmail.com](mailto:jmartin52695@gmail.com)**

**In the future, we also will be selling greeting card boxes! Please keep an eye out for an email from us if interested!**

## **Awards, Nominations and Positions**

**NEPAND** is currently looking for the following positions for the 2020-2021 membership year:

- President-elect
- Professional Education Chair-elect
- Nominating Chair-elect
- Public Relations/National Nutrition Month®
- WebMaster
- Historian
- Nutrition Student Liaison
- Career Guidance Chair

### **Anita Owen Award:**

**This award is to encourage development of and recognize excellence in innovative and unique models for delivery of food, nutrition, and dietetic information and/or innovative services for delivery of nutrition education to the public.**

### **An Update from Meg Rowe and the House of Delegates**

#### **How many delegates does Pennsylvania have? Is this likely to change?**

Pennsylvania currently has three elected and active delegates to represent our PAND members in the Academy of House of Delegates. Yes., the number of delegates each state is allowed is determined by the Academy membership from the state. Each state is permitted 1 delegate for 1200 members. That number increases for each additional 1200 members and is re-evaluated every 3 years. For the 2017-2020 time period, Pennsylvania was allowed 3 delegates because our membership in the Academy was well in excess of 3600 members. PAND was notified that as of June 1, 2020 through May 31, 2023 we will be allowed only 2 active delegates because our membership was less than 3600.

#### **Does that mean Pennsylvania will only have 2 delegates for the next 3 years?**

Yes and No. Pennsylvania will be allowed 2 active (voting) delegates but has the option to elect a “delegate-elect” which is a non-voting position. Our present by-laws do not contain the “delegate elect” position. Thus, this position and funding for it will be presented to the PAND Board of Directors for approval at the March, 2020 Board of Directors meeting. If approved, a special election will be held for the “delegate-elect” position.

#### **Do the delegates represent the entire state or just certain districts?**

The delegates represent the entire state at the House of Delegates meetings. As Pennsylvania is a large state, the delegates usually divide the state by districts to make communications and attending district Board and other meeting manageable. Presently, one delegate works with Pittsburgh and Northwest, one works with Central and Northeast, and one works with Philadelphia and Lehigh Valley.

#### **What do the delegates do?**

The responsibilities of the delegates are:

- To enable bidirectional communication between the House of Delegates and the members in Pennsylvania
- To attend district Board and membership meetings
- To write monthly PAND and district (as requested) newsletters
- To solicit comments regarding Academy House of Delegates activities through attendance at state and district meetings, survey monkeys, and other means as necessary
- To assist members with questions they may have and direct members to Academy units for in depth information and guidance
- To attend the meetings of the Academy House of Delegates, Pennsylvania Annual Meeting and Exhibition, at least one district meeting each year.
- To vote on motions presented at the HOD meetings.
- The delegate-elect has all of the responsibilities of the active delegates except voting.
- The delegate-elect is a non-voting member
- To encourage members’ suggestions for future professional/strategic issues for the Academy’s consideration

#### **How many meetings does the Academy House of Delegates hold?**

The HOD presently holds 3 meetings per year. One is in person and the others are virtual. The in person meeting is held before FNCE in the city where FNCE is held. The virtual meetings are held in January and March/April.

#### **Do delegates have to pay their expenses for the in person meeting? Are expenses also reimbursed for the “delegate-elect”? Do the delegates get complimentary registration to FNCE?**

The Academy pays for the transportation to and from the in person meeting for the active delegates. This includes land, air, rail, etc., a baggage allowance, airport parking, and transport to and from the airport if needed. PAND pays for hotel costs and per diem for the active delegates. Hotel is reimbursed at the rate of ½ of the total cost of a room (If a nightly room total cost is \$300.00, PAND reimburses \$150.00). If a delegate shares a room with another person, the delegate’s cost is zero. If a delegate prefers a private room, the cost would be \$300.00 and \$150.00 is reimbursed. If approved by the PAND Board, PAND will reimburse all expenses (as listed above) for the delegate-elect. The Academy and PAND do not pay for FNCE registration.

#### **What are the benefits of being a delegate?**

Some of the benefits of being a delegate are the opportunities to meet and work with other delegates from across the country and internationally and to help shape the governance of our profession. You have access to Academy information and developments in advance of the membership. As the delegate position can be a stepping stone to other Academy elected and appointed positions, delegates have great opportunities to grow personally and professionally.



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**Northeast PA Academy Of Nutrition and Dietetics**